

A primary school from Lublin, Poland is looking for partners for a **EU Comenius Project**

Please find a **Description of project idea:**

„Travels with Taste” is a project aimed for students, teachers and local communities of European schools. It relates to present and past, customs and regional traditions of the cooperating countries. The project is thought as a way to promote healthy living and a balanced diet. We would try to interest the participants in the culinary traditions of their countries and partnership countries, demonstrating their health benefits. In search of traditional, regional tastes we will go on trips, on foot or by bike, round our cities and regions.

We would encourage others to spend their free time actively, become more fit and try to stay in shape. We would compare European culinary traditions and exchange regional recipes, while promoting healthy eating habits. We would make others culturally aware of the diversity in the way we cook and the traditions connected with different festivals. We would encourage students, parents and teachers to consciously plan their diet, using dishes inspired by recipes from different parts of Europe. Traveling round the country, region and our city we would become familiar with our history, culture, monuments, customs and traditions. We would become integrated, share our knowledge and skills with students and teachers from other European schools.

The aims of the project would be accomplished during the classes, extracurricular classes, school trips, workshops, contests and shows as well as cultural entertainment events both at school and locally. We would keep in touch with the partners in the project via email and by visiting partnership schools. The results of our cooperation would be published on a website. We would also prepare reports from our trips in multimedia version, which we would exchange among ourselves. The result of our cooperation would be an illustrated guide “Europe – sights, scents and tastes” with an enclosed CD.

For further information please contact:

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